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Dear Valued Patient,

Unfortunately, the Centers for Medicare & Medicaid Services, has come out with a new policy regarding epidural steroid injections and the use of anesthesia. This new policy will not cover any form of IV sedation for these procedures starting on December 5, 2021. This includes epidural steroid injections via any approach, SNRBs (selective nerve root blocks), and pulsed RF. A few insurance carriers such as Humana Medicare, Aetna Medicare, U.S. Department of Labor, etc. have already instituted similar policies. Because of this, if you would like anesthesia for these services, we can offer it for a private pay price of \$150. We will NOT be able to file a claim to insurance for anesthesia. I know this will be difficult for many of you. For some of you, the procedures may be able to be performed without sedation. Otherwise, we can offer you the private pay option above. We encourage you to contact your elected U.S. Senators and Congressman to voice your displeasure with these terrible Medicare policies, specifically policy number **L38994**.

Sincerely,

Michael G. Gibson, M.D.

R. Daniel Chang, M.D.

Nitin Chhabra, M.D.